

Warrior Mind Coaching – Gaining Perspective



INSTRUCTIONS:

- Allow yourself 30 minutes of quiet time to consider these questions that help you create and shape a vision for your future.
- Work through the questions in the order below and write your answers in the PRESENT tense.

1. Where do you ultimately want to get to in your life/career?

2. What if there were no obstacles?

3. What do you want to be doing (career and personal life):

i) 10 years from now

ii) 5 years from now

iii) 2 years from now

iv) 1 year from now

v) 6 months from now

vi) 3 months from now