

Warrior Mind Coach - My Vision for the Next 3 Months



INSTRUCTIONS: Allow yourself 20 minutes of quiet time to consider these questions that help you create and shape your vision for your next 3 months. Write your answers in the PRESENT tense.

1. How do I want my life to be in 3 months time?

Get SPECIFIC and write down what you want the following to look like in 3 months time for:

i) Personal Life, Home and Family

ii) Career, Work and Business Life

iii) Health and Well-being

iv) Finances

v) Community, Friendships

vi) Spiritual and Learning

vii) Write anything else that you perhaps haven't mentioned yet here

2. What if there were no obstacles?

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3. Who do you need to **BE** to achieve this? I need to be someone who is

4. If there was one important **CHANGE** you could make over the next 3 months, what would it be?

5. My **THEME** for the next 3 months is: _____